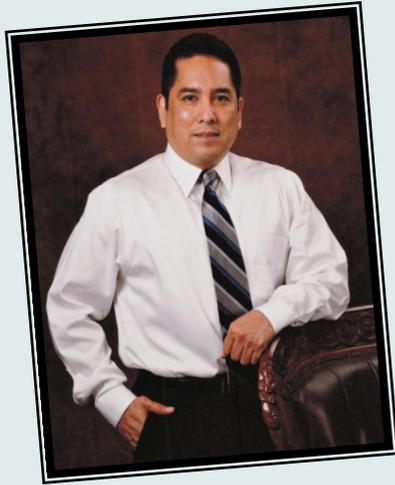


Happily Married

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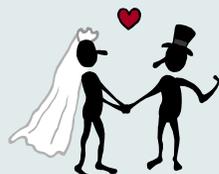
Marriages are not that easy. Individuals may fall in love quite easy however, when it comes to making a marriage work is a whole different story. Yet, couples who beat the statistics don't do it by accident. Marriage takes hard work and a commitment. It may be said that marriage is its own entity. If neglect and not nourish it will die.

How can marriage have a better chance of survival in a society that, at times, it's all about "me". Well it's simple, if individuals start addressing it as an entity they will begin to see it has an existence beyond themselves. Like everything else if you want to succeed in something you must believe in it first. How can someone believe in something? Well we define it. A definition should be an attempt to identify and clarify the basic goals of what is a marriage. Depending on how the marriage is going the definition can be modify according to its basic purpose.



Couples may want to focus on these basic tips to make their marriage a success.

1. Agree to compromise with your love one when it comes to important issues that can affect the marriage. It can't always be about the individual's wants.
2. Respect each other and be kind and courteous. An individual in the marriage doesn't have to like everything a spouse does. However, respect your spouse especially in front of others.
3. Enjoy your marriage. Marriage should be an extension of your friendship. Continue spending intimate times together, go on dates and remember why you fell in love. Don't let the everyday problems/issues ruin your marriage. Having things is common is not a must in a marriage because each of you are individuals. However, find the things you have in common and enjoy them together.
4. Learn to let things go. Arguing is a common thing in marriages because there nothing wrong in disagreeing but learn to let it go. However, remember to argue constructively and get everything out in the open. Don't leave issues bottle up inside, they will only grow bigger and bigger until they get out of control.
5. Be honest when you're in trouble. Remember your spouse should be your friend. Your spouse should count on you. It's hard to be happily married when there is no trust.



Food for thought:
Remember why you got married. Treat each other with respect and your sex life will happen naturally. Don't cheat. Don't be possessive and controlling.

Love and nurture the marriage, remember it's an entity of its own.



Reading Suggestions:

